



**For Immediate Release**

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**A School for the Mind and Body Helps  
Charitable Organizations through “A Charity Mind” Program  
*Students learn the importance of supporting their communities***

**Clarkston, Mich.** (Mar. 28, 2010) — A School for the Mind and Body (SFMB) believes in developing children’s hearts as well as their minds. To achieve this core objective, the preschool has initiated A Charity Mind program, serving children and families throughout local communities while helping youngsters learn at an early age the value of giving to local organizations.

“At A School for the Mind and Body, we strive to add to the foundation already laid and expand on the morals and values that our students’ families have taught them by giving to and supporting various charitable organizations,” said Nanci Canine, founder and director of SFMB. “A Charity Mind assists in making our students more well-rounded children today and adults in the future.”

SFMB has carefully selected a variety of charities for students to learn about, support and serve throughout the 2009-2010 school year. Charities that have benefited in the last six months include:

- Color-a-smile.org
- Moose Tree Nature Reserve
- Gleaners Community Food Bank
- Hats & Mittens for Children
- Ronald McDonald House of Detroit
- Special Olympics

Students have collected change for animal supplies at the Moose Tree Nature Reserve, canned goods for Gleaners Community Food Bank and pop can tabs, which are recycled for the Ronald McDonald House as a funding source. Other organizations scheduled to benefit from SFMB’s A Charity Mind program this school year include March of Dimes, Safety Path and Cell Phones for Soldiers.

**About A School for the Mind and Body**

Believing that parents everywhere are looking for an educational environment that will encourage the same life skills and values taught at home, A School for the Mind and Body (SFMB) in Clarkston/Lake Orion offers preschool programs for children ages 2-4 that are dedicated to intellectual, social and personal development. They are a Character Education based preschool with a strong emphasis on nutrition and exercise. In addition to its preschool program, SFMB offers an academically-focused Young 5’s and Kindergarten program and provides tutoring services to meet the specific needs of its students. For more information, visit [www.schoolforthemindandbody.com](http://www.schoolforthemindandbody.com) or call 248-814-7100.