

## AROUND OAKLAND



The Oakland Press/VAUGHN GURGANIAN

# Healthy minds, bodies

Jacklyn Rzepecki (from left) stretches along with Ella, 3, and Morgan, 3, at School for the Mind and Body in Clarkston. The school, which sends its graduates to first grade, has children ages 2 to 5. "We emphasize life skills and the senses of awareness such as touch, taste, smell, eating and hearing," said owner Nanci Canine in a recent interview about the students who attend the Mind and Body school from 180 families in the Oakland area. The school also teaches the concepts of thinking, learning, nutrition and exercise, she said.